

## Integral pinching results for manifolds with boundary

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**Abstract.** We prove that some Riemannian manifolds with boundary satisfying an explicit integral pinching condition are spherical space-forms. More precisely, we show that three-dimensional Riemannian manifolds with totally geodesic boundary, positive scalar curvature and an explicit integral pinching between the  $L^2$ -norm of the scalar curvature and the  $L^2$ -norm of the Ricci tensor are spherical space-forms with totally geodesic boundary. Moreover, we also prove that four-dimensional Riemannian manifolds with umbilic boundary, positive Yamabe invariant and an explicit integral pinching between the total integral of the  $(Q, T)$ -curvature and the  $L^2$ -norm of the Weyl curvature are spherical space-forms with totally geodesic boundary. As a consequence, we show that a certain conformally invariant operator, which plays an important role in Conformal Geometry, is non-negative and has trivial kernel if the Yamabe invariant is positive and verifies a pinching condition together with the total integral of the  $(Q, T)$ -curvature. As an application of the latter spectral analysis, we show the existence of conformal metrics with constant  $Q$ -curvature, constant  $T$ -curvature, and zero mean curvature under the latter assumptions.

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